



## VSYSL Juggling Club Achievement Level Sheet

In an effort to help promote this important individual soccer activity, VSYSL will recognize all players when they reach one of the following levels;

<b><u>Beginner:</u></b> Kiddie Kickers: 5 U6: 10 U8 – U10: 15 U12 – U14: 20	<b><u>Intermediate:</u></b> Kiddie Kickers: 15 U6: 20 U8 – U10: 25 U12 – U14: 30	<b><u>Advanced:</u></b> Kiddie Kickers: 35 U6: 40 U8 – U10: 45 U12 – U14: 50
<b><u>Premier:</u></b> Kiddie Kickers: 65 U6: 70 U8 – U10: 75 U12 – U14: 80	<b><u>Elite:</u></b> Kiddie Kickers: 100 U6: 110 U8 – U10: 125 U12 – U14: 140	

### Here are the Rules:

All juggles **must be done in front of a coach or assistant coach**

Once the ball touches the ground the count ends

No using your hands/arms!

The coach or assistant coach should then email the webmaster at [vsyslweb@southfieldsoccer.org](mailto:vsyslweb@southfieldsoccer.org).

Please include the players name, age, team and number of juggles. We will post the names as first initial and full last name (ie: J. Smith). Players must use the same size ball they would use in a game.